

THE HEALTHY MINDS STUDY

ABOUT THE HEALTHY MINDS STUDY (HMS)



STUDY TEAM

REPORT TEAM

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STUDY PURPOSE

STUDY DESIGN

SAMPLING

DATA COLLECTION

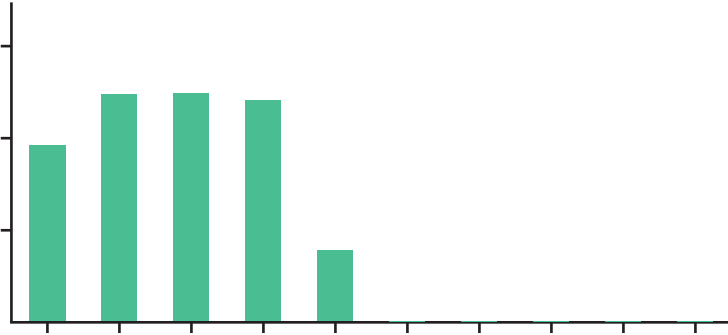
NON-RESPONSE ANALYSIS

ABOUT THIS REPORT

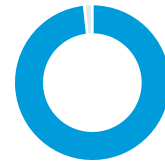
EXPLORING YOUR DATA FURTHER

SAMPLE CHARACTERISTICS (N=128)

Age (years)



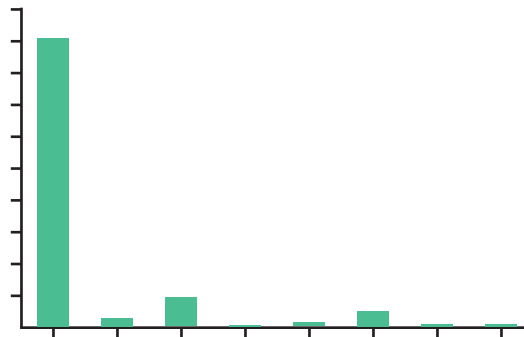
Gender



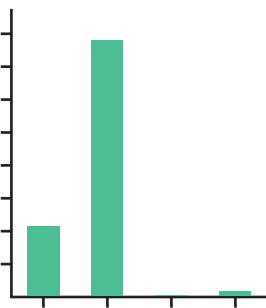
Living arrangement



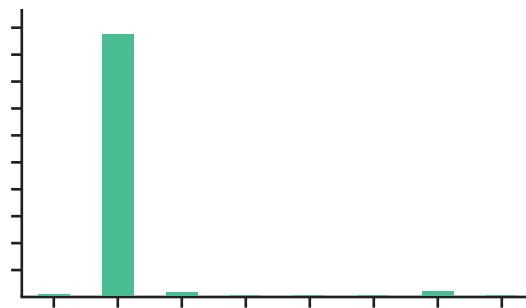
Race/ethnicity



Class Format

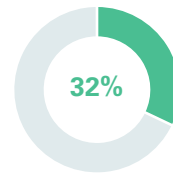
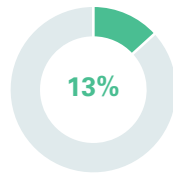
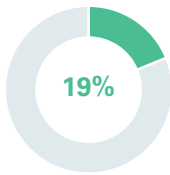


Degree program

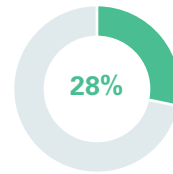
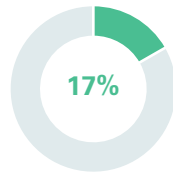
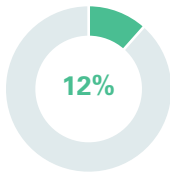


PREVALENCE OF MENTAL HEALTH PROBLEMS

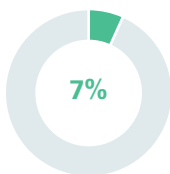
DEPRESSION SCREEN



ANXIETY SCREEN



EATING DISORDER SCREEN



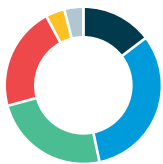
LONELINESS



HEALTH BEHAVIORS AND LIFESTYLE

Drug use

Binge drinking



Exercise



ATTITUDES AND BELIEFS ABOUT MENTAL HEALTH SERVICES

KNOWLEDGE

Knowledge of campus mental health resources



Perceived need (past year)



Perceived need (current)



SCHOOL CLIMATE

Anti-racism



USE OF SERVICES

Psychotropic medication use, all students (past year)

Psychotropic medication use among students with positive depression or anxiety screens (past year)

Mental health care access

REFERENCES

MENTAL HEALTH SCREENS

SELECTED ARTICLES PUBLISHED WITH HMS DATA

